

Keep this catalog
to reference
for future orders.

Over-the-Counter (OTC) Medications and Products

2020 Benefit Catalog and Order Form



Get OTC items delivered to your doorstep at no additional cost!

nations OTC

Over-the-Counter Benefits Management

OptimaHealth 

NationsOTC.com/optimahealth

Save Money with Your OTC Benefit

You have an over-the-counter benefit of a certain amount that can save you money and help you stay well. This benefit allows you to purchase medications, health- and wellness-related items, first-aid supplies and other qualifying items, and have them shipped directly to your home.

How to Place an Order

Ordering the items you need is simple. Choose what you need by taking these steps.

1 DETERMINE ORDERING METHOD

Select which option is best for you:



PHONE

Call **1-877-438-7521** (TTY:711) to speak with a Member Experience Advisor Monday-Friday, between 8 a.m. and 8 p.m. EST. Language support services are available if needed.



MAIL ORDER

Complete and send in the enclosed mail order form included in this catalog. **If the end of your benefit period is approaching and you're not sure your order form will be received prior to the last business day of the month, please call or order online.**



ONLINE

Visit **NationsOTC.com/optimahealth** to place an order by selecting products and completing the checkout process.

2 SELECT PRODUCTS

Choose from the list of covered medications and products by available category.

3 PLACE ORDER

Products will be shipped and delivered to your home.

If you have any questions or need help placing your order, we're here for you. Member Experience Advisors are available at **1-877-438-7521** TTY:711. We want to ensure you get the items you need.

Commonly Asked Questions About OTC Benefits

Q: Can I return a product?

A: Due to the personal nature of the products, returns are not accepted.

Q: When can I expect to receive my products?

A: You can expect to receive your items within 3 to 7 days after an order is placed, unless a change must be made to the order or for any reason.

Q: How can I track my shipment?

A: Members receive an order number along with a tracking ID when placing an order through NationsOTC.com/optimahealth or over the phone. This information can be viewed under My Account > Shipping. The tracking ID is populated within 24-48 hours after the order is processed and can be used to track shipments and view all tracking history.

Q: What if I order more than my allotted allowance?

A: If an order exceeds the benefit amount, you must include a credit card number or enclose a check along with your order form. Cash is not accepted. If you do not include a payment method when your total balance due is more than your available benefit allowance, some items may be removed from your order. If that is the case, our team will contact you to discuss the changes to your order.

Q: Who do I contact with questions?

A: If you have questions about your OTC order, please call NationsOTC at 1-877-438-7521 TTY:711. Member Experience Advisors are available Monday-Friday between 8 a.m. and 8 p.m. EST. For all other questions, please contact your health plan member service team for support.

Product Categories

The items listed in this catalog are shown by category to make it easy for you to locate what you're looking for. Available categories include:

Cold & Allergy	Page 5
Compression & Supportive Items	Page 6
Diabetes Care	Page 6
Digestive Health	Page 6
Eye & Ear Care	Page 8
Feminine Care	Page 9
First Aid & Medical Supplies	Page 9
Foot Care	Page 11
Health Supports	Page 11
Home Diagnostic & Patient Aids for Daily Living	Page 12
Home Health Care	Page 13
Incontinence	Page 13
Oral Care	Page 14
Pain Relief	Page 15
Physical Fitness & Exercise Equipment	Page 16
Skin Care	Page 16
Smoking Deterrents	Page 16
Sun Care	Page 16
Vitamins & Dietary Supplements	Page 17

ITEM #	DESCRIPTION	QTY	PRICE
COLD & ALLERGY			
5252	Abreva Cream, 2 g.	1 ct.	\$24
5335	Afrin Nasal Spray, 0.5 oz.	1 ct.	\$13
5084	APAP Sinus Congestion Caplet	24 ct.	\$3
5133	Cepacol	18 ct.	\$4
5052	Cetirizine Tablet, 10 mg.	30 ct.	\$6
5097	Chlorpheniramine Maleate, 4 mg.	24 ct.	\$3
5334	Claritin Tablet, 10 mg.	10 ct.	\$18
5089	Cold & Allergy Children's Liquid, 4 oz.	1 ct.	\$4
5061	Cold & Allergy Liquid, 4 oz.	1 ct.	\$3
5163	Coricidin	20 ct.	\$12
5338	Cough & Cold for High Blood Pressure	16 ct.	\$4
5220	Cough Drop, Cherry	30 ct.	\$2
5545	Cough Drop, Honey Lemon	30 ct.	\$3
5126	Cough Drop, Menthol	30 ct.	\$2
5405	Cough/Throat Sugar Free Drop	25 ct.	\$3
5614	Crane Humidifier Ultrasonic	1 ct.	\$58
5690	Cromolyn Sodium Allergy Nasal Spray, 1.5 oz.	1 ct.	\$13
5399	Day/Nite Cold/Flu Caplet	20 ct.	\$6
5234	DayQuil Liquid, 8 oz.	1 ct.	\$12
5236	DayQuil Softgels	16 ct.	\$12
5153	DayTime Cold/Flu Liquid, 4 oz.	1 ct.	\$5
5296	DayTime Cold/Flu Softgels	16 ct.	\$5
5451	Diphenhydramine Caplets	24 ct.	\$3
5014	Flonase Allergy Relief	1 ct.	\$28
5095	Green Tea Flu/Cold, Honey Lemon	6 ct.	\$8
5691	Guaifenesin Cough Expectorant, 200 mg.	100 ct.	\$9
5202	Halls Cough Drop	30 ct.	\$5
5503	Humidifier, Ultrasonic Cool	1 ct.	\$42
5418	Loratadine Tablet, 10 mg.	30 ct.	\$4
5237	Mucinex Day/Night Caplets	30 ct.	\$27
5465	Mucinex DM Tablet	20 ct.	\$16
5464	Mucinex Tablet	20 ct.	\$15
5087	Mucus Relief DM Tablet	30 ct.	\$4
5086	Mucus Relief Tablet	30 ct.	\$4
5345	Nasacort Allergy Relief 24 Hour, 10.8 ml.	1 ct.	\$22
5082	Nasal Decongestion PE Tablet	36 ct.	\$4
5081	Nasal Decongestion Spray, 1 oz.	1 ct.	\$4
5677	Nasoflow-Allergy Relief, 60 use	1 ct.	\$14
5040	NiteTime Cold/Flu Liquid, 4 oz.	1 ct.	\$6
5083	NiteTime Cold/Flu Softgels	16 ct.	\$5

ITEM #	DESCRIPTION	QTY	PRICE
5233	NyQuil Liquid, 8 oz.	1 ct.	\$12
5235	NyQuil Softgels	16 ct.	\$12
5692	Personal Steam Inhaler	1 ct.	\$53
5005	Robitussin DM Syrup, 4 oz.	1 ct.	\$11
5072	Saline Nasal Spray, 1.5 oz.	1 ct.	\$3
5197	SinuCleanse Neti Pot	1 ct.	\$15
5453	Snoring Nose Strips	10 ct.	\$9
5693	Sore Throat Lozenges, Cherry	25 ct.	\$5
5694	Sore Throat Spray, Cherry, 6 oz.	1 ct.	\$8
5037	Sore Throat Spray, 6 oz.	1 ct.	\$5
5007	Thera-Flu Multi-Symptom, Lemon	6 ct.	\$14
5023	Tussin DM Sugar-Free Syrup, 4 oz.	1 ct.	\$4
5015	Tussin Syrup, 4 oz.	1 ct.	\$3
5008	Tylenol Sinus Congestion Caplet	24 ct.	\$14
5511	Vapor Rub, 3.53 oz.	1 ct.	\$3
5426	Zyrtec Tablet, 10 mg.	14 ct.	\$22
COMPRESSION & SUPPORTIVE ITEMS			
5146	Anti-Embolism Stockings, Small	1 ct.	\$7
5148	Anti-Embolism Stockings, Medium	1 ct.	\$7
5560	Anti-Embolism Stockings, Large	1 ct.	\$7
5147	Anti-Embolism Stockings, X-Large	1 ct.	\$7
5728	Compression Knee High Socks, 8-15mmHg, Women's Black Small (Shoe Size 4-5)	1 ct.	\$16
5729	Compression Knee High Socks, 8-15mmHg, Women's Nude Small (Shoe Size 4-5)	1 ct.	\$15
5732	Hip Protector, Small	1 ct.	\$37
5731	Hip Protector, Medium	1 ct.	\$37
5730	Hip Protector, Large	1 ct.	\$37
5733	Hip Protector, X-Large	1 ct.	\$37
5735	Knee Support Elastic, Small	1 ct.	\$10
5736	Knee Support Elastic, Small with Stays	1 ct.	\$15
5734	Knee Stabilizer, Medium	1 ct.	\$21
5737	Rib Belt, Female (one size fits most)	1 ct.	\$21
5738	Rib Belt, Male (one size fits most)	1 ct.	\$21
DIABETES CARE			
5295	Alcohol Pad	100 ct.	\$3
5528	Needle/Sharps Container	1 ct.	\$3
DIGESTIVE HEALTH			
5214	Alka-Seltzer Tablet	24 ct.	\$8
5304	Antacid Chewable	150 ct.	\$4
5438	Antacid Extra Strength Chewable	96 ct.	\$4
5429	Anti-Diarrheal Caplet*	12 ct.	\$3

*See Page 18

ITEM #	DESCRIPTION	QTY	PRICE
5060	Anti-Nausea Liquid, 4 oz.	1 ct.	\$5
5695	Beano	100 ct.	\$9
5075	Bisacodyl Suppository, 10 mg.	12 ct.	\$4
5094	Bisacodyl Tablet, 5 mg.	25 ct.	\$3
5213	Bisacodyl Tablet, 5 mg.	100 ct.	\$5
5696	ClearLax Unflavored Powder, 13 oz.	1 ct.	\$14
5475	Colace Caplet	30 ct.	\$20
5254	Dramamine Tablet	12 ct.	\$9
5477	Dulcolax Suppository, 10 mg.	8 ct.	\$18
5554	Dulcolax Tablet, 5 mg.	25 ct.	\$12
5466	Effervescent Tablet	36 ct.	\$5
5284	Emetrol Liquid, 4 oz.	1 ct.	\$10
5036	Enema, Mineral Oil, 4.5 oz.	1 ct.	\$4
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2
5079	Famotidine Tablet, 10 mg.*	30 ct.	\$5
5412	Fiber Gummy	60 ct.	\$9
5021	Fibertab Caplet, 625 mg.	90 ct.	\$8
5026	Fleet Adult Suppository	50 ct.	\$7
5028	Fleet Enema A24, Saline, 4.5 oz.	1 ct.	\$4
5280	Gas Relief Chewable Tablet	100 ct.	\$4
5417	Gas Relief Extra Strength Tablet	30 ct.	\$4
5009	Gas-X Extra Strength Chewable	18 ct.	\$10
5188	Glycerin Adult Suppository	25 ct.	\$6
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$5
5076	Hemorrhoid Pad	100 ct.	\$7
5351	Hemorrhoid Suppository	12 ct.	\$7
5043	Lactaid Tablet	32 ct.	\$15
5077	Lactase Enzyme Caplet	60 ct.	\$8
5292	Metamucil, Orange, 114 doses	1 ct.	\$26
5291	Metamucil Sugar-Free, Orange, 114 doses	1 ct.	\$35
5290	Metamucil Sugar-Free, Orange, 72 doses	1 ct.	\$26
5697	Methylcellulose Fiber Therapy, 16 oz.	1 ct.	\$12
5552	Miralax, 4 oz.	1 ct.	\$7
5238	Motion Sickness Tablet	12 ct.	\$3
5056	Nexium*	14 ct.	\$17
5607	Nexium*	28 ct.	\$31
5489	Nexium*	42 ct.	\$40
5025	Omeprazole Tablet, 20 mg.*	14 ct.	\$11
5217	Pepcid AC Tablet, 10 mg.	30 ct.	\$16
5289	Pepto-Bismol Tablet	30 ct.	\$7
5287	Pepto-Bismol, 16 oz.	1 ct.	\$12

ITEM #	DESCRIPTION	QTY	PRICE
5286	Pepto-Bismol, 8 oz.	1 ct.	\$8
5420	Pharbest Stool Softener Softgels	100 ct.	\$4
5057	Preparation-H Ointment, 2 oz.	1 ct.	\$21
5058	Preparation-H Suppository	24 ct.	\$26
5288	Prilosec OTC Tablet, 20 mg.	14 ct.	\$16
5033	Psyllium Powder, Orange, 13 oz.	1 ct.	\$9
5088	Ranitidine Tablet, 75 mg.*	30 ct.	\$4
5661	Sea Bands for Nausea & Vomiting	1 ct.	\$3
5212	Senna+ Laxative Tablet	60 ct.	\$3
5062	Stomach Relief Liquid, 8 oz.	1 ct.	\$4
5336	Stomach Relief Tablet	30 ct.	\$5
5099	Travel Alka-Seltzer Tablet Packet	1 ct.	\$3
5244	Travel Alka-Seltzer Tablet Packet	50 ct.	\$23
5685	Travel Bismuth Chewable	1 ct.	\$2
5684	Travel Bismuth Chewable Box	250 ct.	\$125
5245	Travel Zantac Tablet, 75 mg.*	1 ct.	\$3
5361	Tucks Medicated Pad	100 ct.	\$14
5030	Tums	150 ct.	\$10
5247	Vitafusion Fiber Gummy	90 ct.	\$17
5555	Zantac Tablet, 75 mg.*	30 ct.	\$14
EYE & EAR CARE			
5513	Calabria Reading Diopter +1.0	1 ct.	\$18
5514	Calabria Reading Diopter +1.25	1 ct.	\$18
5515	Calabria Reading Diopter +1.5	1 ct.	\$18
5516	Calabria Reading Diopter +1.75	1 ct.	\$18
5517	Calabria Reading Diopter +2.0	1 ct.	\$18
5518	Calabria Reading Diopter +2.25	1 ct.	\$18
5519	Calabria Reading Diopter +2.5	1 ct.	\$18
5520	Calabria Reading Diopter +2.75	1 ct.	\$18
5521	Calabria Reading Diopter +3.0	1 ct.	\$18
5522	Calabria Reading Diopter +3.25	1 ct.	\$18
5523	Calabria Reading Diopter +3.5	1 ct.	\$18
5524	Calabria Reading Diopter +4.0	1 ct.	\$18
5487	Clear Eyes Eye Drops, 0.2 oz.	1 ct.	\$4
5362	Debrox Earwax Drops, 0.5 oz.	1 ct.	\$10
5031	Ear Dry Drops	1 ct.	\$8
5166	Ear Syringe	1 ct.	\$3
5189	Ear Wax Drops, 0.5 oz.	1 ct.	\$3
5704	Ear Wax Removal System with Rubber Bulb, 5 ml.	1 ct.	\$11
5041	Eye Anti-itch Relief, Antihistamine	1 ct.	\$13
5004	Eye Artificial Tears, 0.5 oz.	1 ct.	\$4

ITEM #	DESCRIPTION	QTY	PRICE
5403	Eye Drops, Lubricating (One Use)	1 ct.	\$4
5634	Eye Mask	1 ct.	\$2
5048	Eye Redness Relief UEC, 0.5 oz.	1 ct.	\$3
5138	Eye Wash, 3.9 oz.	1 ct.	\$9
5507	Magnifying Glass	1 ct.	\$3
5705	Multi-Purpose Contact Lens Solution, 4 oz.	1 ct.	\$8
5473	Pain Relief Mask	1 ct.	\$3
5564	Reading Glass Diopter +1.0	1 ct.	\$3
5592	Reading Glass Diopter +1.25	1 ct.	\$3
5572	Reading Glass Diopter +1.5	1 ct.	\$3
5566	Reading Glass Diopter +1.75	1 ct.	\$3
5567	Reading Glass Diopter +2.0	1 ct.	\$3
5568	Reading Glass Diopter +2.25	1 ct.	\$3
5458	Reading Glass Diopter +2.5	1 ct.	\$3
5569	Reading Glass Diopter +2.75	1 ct.	\$3
5570	Reading Glass Diopter +3.0	1 ct.	\$3
5571	Reading Glass Diopter +3.25	1 ct.	\$3
5563	Reading Glass Diopter +3.5	1 ct.	\$3
5565	Reading Glass Diopter +4.0	1 ct.	\$3
5706	Stye Eye Compress	1 ct.	\$18
5707	Stye Eye Ointment, 3.5 mg.	1 ct.	\$13
5494	Visine Drops for Red Eyes, 0.5 oz.	1 ct.	\$12
5495	Visine Tears Refresh, 0.5 oz.	1 ct.	\$12
FEMININE CARE			
5016	Miconazole Vaginal Cream, 3-Day, 0.32 oz.	1 ct.	\$13
5283	Monistat Vaginal Cream, 3-Day	1 ct.	\$24
FIRST AID & MEDICAL SUPPLIES			
5404	Adhesive First-Aid Tape*	1 ct.	\$2
5682	Alcohol Swab	1 ct.	\$3
5078	Anti-Itch Cream, 1.25 oz.	1 ct.	\$3
5490	Bacitracin Ointment, 0.5 oz.	1 ct.	\$3
5320	Bacitracin Ointment, 1 oz.	1 ct.	\$4
5698	Bactine Solution, 5 oz.	1 ct.	\$10
5129	Band Aid Antibiotics	20 ct.	\$9
5173	Bandages Generic, Assorted	100 ct.	\$3
5128	Band-Aids Brand	100 ct.	\$12
5708	Bedside Commode	1 ct.	\$75
5203	Benadryl Cream, 1 oz.	1 ct.	\$8
5548	Burn Gel	6 ct.	\$2
5547	Burn Gel Liquid, 4 oz.	1 ct.	\$6
5199	Butterfly Closures	12 ct.	\$3

ITEM #	DESCRIPTION	QTY	PRICE
5066	Calamine Lotion, 6 oz.	1 ct.	\$4
5699	Caldyphen Clear Lotion Local Analgesic 1%, 7.65 oz.	1 ct.	\$9
5709	Cushion, Foam Ring	1 ct.	\$20
5710	Cushion, Gel/Foam Seat	1 ct.	\$28
5194	Disposable Gloves, Small	50 ct.	\$5
5193	Disposable Gloves, Medium	50 ct.	\$5
5191	Disposable Gloves, Large	50 ct.	\$5
5488	Disposable Gloves, X-Large	50 ct.	\$5
5240	Epsom Salt, 16 oz.	1 ct.	\$4
5612	First Aid Kit	1 ct.	\$6
5711	First Aid Kit	175 ct.	\$15
5605	Flex Seal Spray Bandage, 4 oz.*	1 ct.	\$7
5459	Gauze Pad 4"x 4", 12 ply	100 ct.	\$5
5462	Gauze Roll, 3 pack	3 ct.	\$2
5434	Gauze Sponge 4"x 4", 2 Pack	25 ct.	\$4
5433	Gauze Sponge 4"x 4", Value Pack	25 ct.	\$4
5400	Hydrocortisone 1% Cream, 1 oz.	1 ct.	\$3
5339	Hydrocortisone Maximum Strength, 1 oz.	1 ct.	\$3
5116	Hydrogen Peroxide Spray, 4 oz.	1 ct.	\$4
5527	Hydrogen Peroxide, 4 oz.	1 ct.	\$2
5227	Hydrogen Peroxide, 8 oz.	1 ct.	\$3
5411	Lice Comb	1 ct.	\$2
5595	Lice Killing Shampoo Generic, 4 oz.	1 ct.	\$16
5024	Lice Treatment Shampoo Generic, 4 oz.	1 ct.	\$3
5035	LiceMD Lice Shampoo Brand, 4 oz.	1 ct.	\$18
5045	Liquid Bandage, 0.0225 oz.	1 ct.	\$5
5059	Neosporin Ointment, 0.5 oz.	1 ct.	\$8
5250	Neosporin Plus, 0.5 oz.	1 ct.	\$9
5498	New-Skin Liquid, 0.3 oz.	1 ct.	\$7
5499	New-Skin Liquid, 1 oz.	1 ct.	\$9
5437	Petroleum Jelly, 4 oz.	1 ct.	\$2
5712	Povidone Iodine Solution Antiseptic, 4 oz.	1 ct.	\$6
5541	Rubbing Alcohol, 16 oz.	1 ct.	\$3
5683	Sterile Border Gauze, 4" x 4"	15 ct.	\$31
5131	Surgical Tape*	1 ct.	\$2
5127	Vaseline Jelly, 3.75 oz.	1 ct.	\$4
5263	Vitacilina Antibiotic Ointment, 0.5 oz.	1 ct.	\$4
5262	Vitacilina Antibiotic Ointment, 1 oz.	1 ct.	\$6
5549	Wound Wash Spray, 3 oz.	1 ct.	\$4
5413	Zinc Oxide Ointment, 1 oz.	1 ct.	\$3

ITEM #	DESCRIPTION	QTY	PRICE
FOOT CARE			
5219	Callus Cushions	6 ct.	\$3
5092	Clotrimazole 1% Cream, 0.5 oz.	1 ct.	\$3
5216	Clotrimazole 1% Cream, 1.0 oz.	1 ct.	\$5
5497	Compound W Gel, 0.25 oz.	1 ct.	\$14
5196	Corn & Callus Remover, 0.5 oz.	1 ct.	\$6
5157	Duofilm Liquid, 0.33 oz.	1 ct.	\$15
5164	Liquid Wart Remover, 0.31 oz.	1 ct.	\$5
5013	Lotrimin AF 1% Cream, 0.42 oz.	1 ct.	\$14
5158	Medicated Callus Removers	6 ct.	\$4
5431	Miconazole Nitrate 2% Cream	1 ct.	\$9
5162	Tinactin 1% Cream, 1 oz.	1 ct.	\$17
5165	Tolnaftate 1% Cream, 1.25 oz.	1 ct.	\$4
HEALTH SUPPORTS			
5395	Ankle Support	1 ct.	\$2
5120	Arm Sling	1 ct.	\$10
5207	Arthritis Gloves, Small	1 ct.	\$19
5208	Arthritis Gloves, Medium	1 ct.	\$30
5209	Arthritis Gloves, Large	1 ct.	\$30
5604	Back Support, Curad	1 ct.	\$25
5261	Back Support, Generic with Suspenders	1 ct.	\$10
5152	Bandage Athletic, 3" - 4"*	1 ct.	\$2
5398	Bandage Elastic, 3"*	1 ct.	\$2
5151	Bandage Stretch Gauze*	1 ct.	\$2
5613	Bandages, 3/4" x 3"*	50 ct.	\$2
5470	Brace, Carpal Tunnel Night	1 ct.	\$33
5561	Brace, Thumb	1 ct.	\$8
5407	Carpal Tunnel Gloves, Small	1 ct.	\$30
5408	Carpal Tunnel Gloves, Medium	1 ct.	\$30
5409	Carpal Tunnel Gloves, Large	1 ct.	\$31
5394	Elbow Support	1 ct.	\$3
5396	Hand/Wrist Support	1 ct.	\$4
5472	Heating Pad, Dry Heat [‡]	1 ct.	\$18
5526	Hot Cold Reusable Pack 4"x 6"	1 ct.	\$2
5317	Ice Bag	1 ct.	\$5
5651	Inflatable Neck Cushion	1 ct.	\$3
5391	Knee Support with U Buttress, Medium	1 ct.	\$31
5392	Knee Support with U Buttress, Large	1 ct.	\$31
5388	Knee Support with U Buttress, X-Large	1 ct.	\$38
5393	Knee Support, Medium (Assorted)	1 ct.	\$3
5611	Knee Support, Universal Fit	1 ct.	\$3

ITEM #	DESCRIPTION	QTY	PRICE
5646	Palm Support	1 ct.	\$2
5121	Warm/Cold Water Bottle	1 ct.	\$5
5389	Wrist Support	1 ct.	\$3
HOME DIAGNOSTIC & PATIENT AIDS FOR DAILY LIVING			
5111	Advocate BPM Fully Auto Cuff, Small [‡]	1 ct.	\$8
5110	Advocate BPM Semi Auto Cuff, Large [‡]	1 ct.	\$28
5112	Advocate BPM Semi Auto Cuff, X-Large [‡]	1 ct.	\$11
5573	Blood Pressure Monitor Audio [‡]	1 ct.	\$32
5100	Button and Zipper Puller	1 ct.	\$3
5652	Disposable Pill Pouches	100 ct.	\$2
5469	DisposeRX	1 ct.	\$5
5122	Door Knob Gripper	1 ct.	\$6
5723	EZ Detect Colon Cancer Test Kit [‡]	1 ct.	\$24
5373	Food Aid Bumper	1 ct.	\$6
5724	Home Access Cholesterol Test [‡]	1 ct.	\$30
5500	Long Handle Bath Sponge	1 ct.	\$7
5512	Medical Appointment Calendar	1 ct.	\$3
5154	Medicine Dropper	1 ct.	\$3
5155	Medicine Spoon	1 ct.	\$4
5639	Night Light	1 ct.	\$3
5246	Pill Bottle Opener Aid	1 ct.	\$3
5242	Pill Box, 7 Day (1 Time a Day)	1 ct.	\$4
5456	Pill Box, 7 Day (3 Times a Day)	1 ct.	\$3
5210	Pill Box, 7 Day (4 Times a Day)	1 ct.	\$3
5508	Pill Box, 7 Day (AM & PM)	1 ct.	\$9
5123	Pill Crusher	1 ct.	\$3
5190	Pill Splitter	1 ct.	\$3
5617	Probasics Carex Pulse Oximeter	1 ct.	\$48
5096	Pulse Oximeter [‡]	1 ct.	\$20
5098	Reaching Aid Device	1 ct.	\$13
5656	Shoe Horn	1 ct.	\$2
5371	Surelife BPM Fully Auto Cuff, Large [‡]	1 ct.	\$22
5372	SureLife BPM Fully Auto, X-Large [‡]	1 ct.	\$9
5370	Surelife BPM Wrist Unit [‡]	1 ct.	\$20
5531	Thermometer, 4-In-1	1 ct.	\$20
5149	Thermometer, 60 Second	1 ct.	\$3
5627	Thermometer, Audio	1 ct.	\$33
5316	Thermometer, Fever Strip	1 ct.	\$3
5172	Thermometer, Flex Tip	1 ct.	\$7
5415	Thermometer, Probe Cover	30 ct.	\$3
5642	Travel Health Folder	1 ct.	\$6

ITEM #	DESCRIPTION	QTY	PRICE
5637	Tub and Stair Safety Tread Tape	1 ct.	\$3
5562	Veridian BPM Kit Manual	1 ct.	\$15
HOME HEALTH CARE			
5647	Bath Mat, 27" x 13"	1 ct.	\$8
5591	Hand Held Shower	1 ct.	\$13
5218	Knurled Chrome Grab Bar, 12"	1 ct.	\$17
5542	Knurled Chrome Grab Bar, 24"	1 ct.	\$18
5032	Lumex Tub Safety Bar, Suction Equivalent	1 ct.	\$38
5229	Probasice Bath Mat 27" x 13"	1 ct.	\$16
5506	Probasice Tub/Stair Threads	1 ct.	\$6
5231	Probasics Hand Held Shower	1 ct.	\$31
5597	Probasics Toilet Safety Rails	1 ct.	\$45
5232	Probasics Toilet Seat Raised	1 ct.	\$74
5557	Probasics Toilet Seat with Arms	1 ct.	\$45
5230	Probasics Tub Safety Bar	1 ct.	\$47
5537	Shower Safety Benches without Back	1 ct.	\$25
5752	Toilet Bowl Light, Motion Sensor	1 ct.	\$18
5533	Toilet Safety Rails	1 ct.	\$29
5532	Toilet Seat, Raised	1 ct.	\$19
5534	Toilet Seat, Raised with Arms	1 ct.	\$35
INCONTINENCE			
5150	Adult Bladder Control Pad*	12 ct.	\$7
5419	Adult Protective Brief, Medium*	20 ct.	\$11
5422	Adult Protective Brief, Large*	20 ct.	\$13
5416	Adult Protective Brief, X-Large*	20 ct.	\$16
5447	Adult Washcloths Disposable*	48 ct.	\$4
5714	Attends Discreet Men's Guard (L/XL)	52 ct.	\$14
5715	Attends Discreet Women's Ultimate Bladder Control Pad	28 ct.	\$21
5716	Attends Discreet Women's Ultrathin Pad	28 ct.	\$14
5717	Barrier Cream, 4 oz.	1 ct.	\$9
5720	Bladder Control Shaped Pad, Moderate Absorbency	28 ct.	\$12
5719	Bladder Control Shaped Pad, Maximum Absorbency	28 ct.	\$12
5718	Bladder Control Shaped Pad, Heavy Absorbency	28 ct.	\$12
5170	Disposable Bed Underpad*	5 ct.	\$5
5443	Ladies Washable Panty, Small*	1 ct.	\$18
5444	Ladies Washable Panty, Medium*	1 ct.	\$18
5445	Ladies Washable Panty, Large*	1 ct.	\$18
5446	Ladies Washable Panty, X-Large*	1 ct.	\$18
5440	Men's Washable Underwear, Small*	1 ct.	\$18
5441	Men's Washable Underwear, Medium*	1 ct.	\$18
5439	Men's Washable Underwear, Large*	1 ct.	\$17

ITEM #	DESCRIPTION	QTY	PRICE
5442	Men's Washable Underwear, X-Large*	1 ct.	\$18
5529	Readyflush Wipes*	24 ct.	\$4
5721	Underpad Disposable, 23" x 36"	25 ct.	\$12
5722	Underpad Disposable, 30" x 30"	10 ct.	\$11
5117	Unisex Overnight Briefs, Medium*	20 ct.	\$13
5012	Unisex Overnight Briefs, Large*	20 ct.	\$15
5010	Unisex Overnight Briefs, X-Large*	20 ct.	\$19
ORAL CARE			
5510	Adult Toothbrush	1 ct.	\$2
5055	Anbesol Liquidgels, 0.41 oz.	1 ct.	\$12
5700	Biotene Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$14
5006	Colgate Toothbrush	1 ct.	\$2
5101	Colgate Toothbrush Medium	1 ct.	\$3
5505	Colgate Toothbrush Soft, Adult	1 ct.	\$2
5047	Colgate Toothpaste, 4.0 oz.	1 ct.	\$3
5598	Dental Floss	1 ct.	\$2
5599	Dental Floss Waxed	1 ct.	\$2
5330	Dental Floss Waxed, Mint	1 ct.	\$3
5601	Dental Flossers	35 ct.	\$6
5168	Dental Travel Kit	1 ct.	\$3
5600	Denture Adhesive	1 ct.	\$4
5260	Denture Adhesive Cream Staydent, 2.4 oz.	1 ct.	\$4
5626	Denture Brush	1 ct.	\$2
5546	Denture Cleanser Tablet	42 ct.	\$4
5134	Denture Effervescent Cleanser Tablet	40 ct.	\$4
5204	Efferdent Tablet	20 ct.	\$3
5504	Fixodent Cream, 0.75 oz.	1 ct.	\$4
5379	Fixodent Cream, 2.4 oz.	1 ct.	\$8
5321	Flosser, Mechanical	1 ct.	\$10
5102	Fluoride Toothpaste, 6.4 oz.	1 ct.	\$3
5200	Interdental Flossups	1 ct.	\$3
5195	Oral Pain Relief Gels, 0.33 oz.	1 ct.	\$3
5701	Polident Denture Cream, 3.9 oz.	1 ct.	\$7
5130	Reach Dental Floss	1 ct.	\$4
5160	Rechargeable Toothbrush	1 ct.	\$28
5161	Rechargeable Toothbrush Replacement Heads	2 ct.	\$17
5421	Sensitive Toothpaste, 4.3 oz.	1 ct.	\$3
5702	Toothbrush, Soft 2-pack	1 ct.	\$7
5241	Toothpaste Squeezer	1 ct.	\$3
5530	Toothpaste, 0.85 oz.	1 ct.	\$2
5294	Ultrabright Toothpaste, 6 oz.	1 ct.	\$4

ITEM #	DESCRIPTION	QTY	PRICE
5703	Water Jet Replacement Tips	5 ct.	\$17
5654	Water Jet, Battery Operated	1 ct.	\$41
PAIN RELIEF			
5022	Acetaminophen Arthritis Caplet, 650 mg.	24 ct.	\$3
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$11
5038	Acetaminophen Chewable, 80 mg.	30 ct.	\$4
5303	Acetaminophen Extra Strength Tablet, 500 mg.	100 ct.	\$3
5428	Acetaminophen PM Caplet, 500 mg.	50 ct.	\$3
5302	Acetaminophen Tablet, 325 mg.	100 ct.	\$3
5054	Advil Liquidgels, 200 mg.	20 ct.	\$8
5053	Advil Tablet, 200 mg.	50 ct.	\$12
5375	After Bite Relief, 0.05 oz.	1 ct.	\$6
5243	Aleve Caplets, 220 mg.	24 ct.	\$8
5256	Aleve Caplets, 220 mg.	100 ct.	\$10
5343	Aspercreme 4% Cream	1 ct.	\$13
5073	Aspirin Chewable, 81 mg.	36 ct.	\$2
5064	Aspirin EC Tablet, 325 mg.	100 ct.	\$4
5297	Aspirin Tablet, 325 mg.	100 ct.	\$3
5090	Aspirin-NWI-EC Tablet, 81 mg.	120 ct.	\$3
5205	Bayer Aspirin Tablet, 325 mg.	100 ct.	\$13
5034	Bayer EC Aspirin Tablet, 81 mg.	32 ct.	\$5
5493	Bengay Cream, 2 oz.	1 ct.	\$9
5467	Butterfly Electrode	1 ct.	\$7
5251	Capsaicin 0.025% Cream, 2.0 oz.	1 ct.	\$3
5483	Diphenhydramine Sleep Tablet	24 ct.	\$3
5074	Diphenhydramine Sleep Tablet	50 ct.	\$5
5019	Doxylamine Sleep Tablet	16 ct.	\$5
5363	Ecotrin Tablet, 325 mg.	125 ct.	\$20
5619	Estroven	30 ct.	\$17
5011	Excedrin Migraine Tablet	24 ct.	\$8
5314	Fast Freeze Pain Relief Spray, 4 oz.	1 ct.	\$9
5018	Headache Relief Tablet	50 ct.	\$3
5725	Heating Pad Wrap for Shoulder, Neck, and Back, 25" x 26"	1 ct.	\$55
5726	Heating Pad, X-Large, 12" x 24"	1 ct.	\$35
5080	Hot/Cold Patch	5 ct.	\$4
5020	Ibuprofen Chewable, 100 mg.	24 ct.	\$7
5484	Ibuprofen EC Tablet, 200 mg.	24 ct.	\$3
5401	Ibuprofen Liquidgels, 200 mg.	20 ct.	\$5
5044	Ibuprofen Suspension for Children, 100 mg., 4 oz.	1 ct.	\$5
5093	Ibuprofen Tablet, 200 mg.	50 ct.	\$3
5485	Ibuprofen Tablet, 200 mg.	100 ct.	\$4

ITEM #	DESCRIPTION	QTY	PRICE
5342	Icy Hot Pain Relief Roll-on	1 ct.	\$9
5341	Icy Hot Patch	5 ct.	\$8
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$3
5017	Naproxen Caplet, 220 mg.	50 ct.	\$6
5383	Salonpas Patch	5 ct.	\$12
5029	Sominex Tablet	16 ct.	\$6
5366	Tens Unit Analog	1 ct.	\$44
5365	Tens Unit Digital	1 ct.	\$49
5364	Tens Unit Electrodes, 2" x 2"	4 ct.	\$8
5318	Tiger Balm, 8 g.	1 ct.	\$9
5680	Travel Acetaminophen 500 mg.	1 ct.	\$2
5681	Travel Acetaminophen 500 mg. Box	250 ct.	\$57
5454	Travel Advil Tablet Packet	1 ct.	\$3
5468	Travel Aleve Caplet Packet	1 ct.	\$3
5471	Travel Excedrin Extra Strength Packet	1 ct.	\$24
5109	Travel Tylenol Extra Strength Caplet, 1 Dose	1 ct.	\$3
5423	Tylenol Extra Strength Tablet, 500 mg.	100 ct.	\$19
5425	Tylenol PM Tablet, 500 mg.	24 ct.	\$11
5424	Tylenol Tablet, 325 mg.	100 ct.	\$14
5340	Unisom Tablet	16 ct.	\$10
5727	Wellpatch Migraine	4 ct.	\$7
PHYSICAL FITNESS & EXERCISE EQUIPMENT			
5137	Garmin Heart Rate Monitor Watch [‡]	1 ct.	\$134
5201	Heart Rate Monitor Watch [‡]	1 ct.	\$16
5206	Omron Pedometer	1 ct.	\$31
5046	Pedometer	1 ct.	\$4
SKIN CARE			
5397	Benzoyl Peroxide 10% gel, 42.5 g.	1 ct.	\$5
5319	Clearasil Vanishing Cream, 1 oz.	1 ct.	\$11
5751	Dr. Scholl's Wart Removal System	20 ct.	\$10
SMOKING DETERRENTS			
5050	Nicotine Gum, 2 mg.	20 ct.	\$9
5049	Nicotine Gum, 4 mg.	20 ct.	\$9
5285	Nicotine Gum, 4 mg.	50 ct.	\$25
5689	Nicotine Lozenge, 4 mg.	20 ct.	\$39
5686	Nicotine Patches, Step 1	14 ct.	\$40
5687	Nicotine Patches, Step 2	14 ct.	\$40
5688	Nicotine Patches, Step 3	14 ct.	\$40
SUN CARE			
5378	Sunblock for Babies (SPF 50), 8 oz.	1 ct.	\$5
5665	Sunscreen (SPF 30), 4 oz.	1 ct.	\$5

ITEM #	DESCRIPTION	QTY	PRICE
VITAMINS & DIETARY SUPPLEMENTS			
5449	Acidophilus Lactobacilli (Probiotic) [‡]	60 ct.	\$6
5306	Adult Multi-Vitamin [‡]	100 ct.	\$3
5359	Biotin Gummy, 5,000 mcg. [‡]	60 ct.	\$8
5298	Calcium + D3 Tablet, 400 iu. [‡]	60 ct.	\$4
5739	Calcium Chew Chocolate, 650 mg. [‡]	60 ct.	\$10
5300	Calcium, 600 mg. [‡]	60 ct.	\$6
5002	Caltrate + D Tablet [‡]	60 ct.	\$15
5001	Centrum Silver Vitamins [‡]	125 ct.	\$19
5000	Centrum Vitamins [‡]	130 ct.	\$17
5177	Coconut Oil Softgels, 1,000 mg. [‡]	60 ct.	\$7
5402	Cod Liver Softgels [‡]	100 ct.	\$6
5156	Coenzyme Q10 Caplet, 100 mg. [‡]	30 ct.	\$7
5713	DHEA, 50 mg. [‡]	100 ct.	\$11
5448	Eye Supplement Tablet [‡]	60 ct.	\$4
5139	FDC Vitamin B, C, Fe-Complex [‡]	100 ct.	\$5
5175	FDC Vitamin D, 400 iu. [‡]	100 ct.	\$4
5740	Ferrous Gluconate Iron Supplement 240 mg. [‡]	100 ct.	\$7
5299	Ferrous Sulfate, 325 mg. [‡]	100 ct.	\$3
5337	Fish Oil Softgels, 1,000 mg. [‡]	30 ct.	\$3
5187	Fish Oil, 1,200 mg. [‡]	120 ct.	\$11
5171	Flaxseed Softgels, 1,000 mg. [‡]	100 ct.	\$7
5071	Folic Acid, 400 mcg. [‡]	100 ct.	\$3
5668	Folic Acid, 800 mcg. [‡]	100 ct.	\$3
5272	Glucoflex Glucosamine & Chondroitin [‡]	60 ct.	\$18
5176	Glucosamine & Chondroitin, 1,500 mg. [‡]	30 ct.	\$12
5450	Glucosamine & Chondroitin, 1,500 mg. [‡]	60 ct.	\$14
5741	Iron, 27 mg. [‡]	100 ct.	\$7
5436	Lutein, 20 mg. [‡]	30 ct.	\$11
5742	Magnesium Oxide, 250 mg. [‡]	100 ct.	\$6
5328	Magnesium, 500 mg. [‡]	100 ct.	\$5
5178	Mason Vitamin E, 400 iu. [‡]	100 ct.	\$7
5358	Melatonin Gummy [‡]	60 ct.	\$12
5221	Melatonin, 3 mg. [‡]	60 ct.	\$5
5354	Multi-Vitamin Gummy [‡]	60 ct.	\$8
5255	Niacin Flush Free, 500 mg. [‡]	60 ct.	\$7
5743	Niacin, 100 mg. [‡]	100 ct.	\$5
5184	Niacin, 500 mg. [‡]	60 ct.	\$6
5357	Omega + DHA Gummy [‡]	90 ct.	\$12
5140	Omega-3 Softgels, 1,000 mg. [‡]	100 ct.	\$8
5181	Oyster Shell Calcium, 500 mg. [‡]	100 ct.	\$6

ITEM #	DESCRIPTION	QTY	PRICE
5174	Potassium Gluconate [‡]	100 ct.	\$6
5744	Rena-Vite [‡]	100 ct.	\$10
5226	Selenium, 200 mcg. [‡]	60 ct.	\$5
5132	Senior Vitamin (Beacon) [‡]	90 ct.	\$7
5118	Vita-Bee with C Rugby [‡]	1 ct.	\$8
5065	Vitamin A, 10,000 iu. [‡]	100 ct.	\$4
5745	Vitamin B-1, 100 mg. [‡]	100 ct.	\$6
5308	Vitamin B-12, 100 mcg. [‡]	100 ct.	\$4
5746	Vitamin B-12, 500 mg. [‡]	100 ct.	\$6
5747	Vitamin B-6, 100 mg. [‡]	100 ct.	\$6
5248	Vitamin B-Complex Gummy [‡]	70 ct.	\$8
5179	Vitamin B-Complex with Vitamin C [‡]	100 ct.	\$7
5305	Vitamin B-Complex [‡]	100 ct.	\$4
5180	Vitamin C Chewable, 500 mg. [‡]	100 ct.	\$6
5492	Vitamin C Gummy [‡]	60 ct.	\$8
5748	Vitamin C, 1,000 mg. [‡]	100 ct.	\$3
5301	Vitamin C, 500 mg. [‡]	100 ct.	\$3
5355	Vitamin D + Calcium Gummy, 500 mg. [‡]	60 ct.	\$11
5749	Vitamin D 5,000 iu. [‡]	100 ct.	\$4
5183	Vitamin D, 1,000 iu. [‡]	100 ct.	\$7
5356	Vitamin D3 Gummy, 2,000 iu. [‡]	60 ct.	\$8
5750	Vitamin E Soft Gels, 100 iu. [‡]	100 ct.	\$7
5267	Windmill Calcium, 500 mg. [‡]	60 ct.	\$8
5275	Windmill Coenzyme Q10, 100 mg. [‡]	45 ct.	\$7
5271	Windmill Flaxseed [‡]	100 ct.	\$8
5270	Windmill Folic Acid, 400 mcg. [‡]	180 ct.	\$5
5265	Windmill Made B-12 Vitamin [‡]	100 ct.	\$7
5273	Windmill Melatonin, 3 g. [‡]	100 ct.	\$6
5264	Windmill Vitamin A, 10,000 iu. [‡]	100 ct.	\$6
5276	Windmill Vitamin B, Vitamin C, Fe-Complex [‡]	100 ct.	\$6
5266	Windmill Vitamin B-Complex [‡]	100 ct.	\$7
5268	Windmill Vitamin C Tablet, 500 mg. [‡]	100 ct.	\$7
5269	Windmill Vitamin E, 400 iu. [‡]	90 ct.	\$9
5274	Windmill Zinc Tablet, 50 mg. [‡]	90 ct.	\$6
5186	Women's Multi-Vitamin [‡]	90 ct.	\$6
5070	Zinc, 50 mg. [‡]	100 ct.	\$4

* Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D, you would not use your OTC benefit to obtain this item because it is Medicare-covered.

‡ Dual purpose items may be purchased after discussing with your provider (or satisfying other requirements your plan may specify).

This information is not a complete description of benefits. Limitations, copayments, and restrictions may apply.

STEP 1 – Complete Your Personal Information

OTC Benefit Card Number _____ **Date of Birth (MM/DD/YY)** _____

First Name _____ **Last Name** _____

Street Number _____ **Street Name** _____ **Apt/Suite #** _____

City _____ **State** _____ **ZIP Code** _____

Phone _____ **Email** _____

STEP 2 – Make Your Product Selection

Item #	Description	QTY	Price	Total
1.	_____	_____	\$ _____	\$ _____
2.	_____	_____	\$ _____	\$ _____
3.	_____	_____	\$ _____	\$ _____
4.	_____	_____	\$ _____	\$ _____
5.	_____	_____	\$ _____	\$ _____
6.	_____	_____	\$ _____	\$ _____
7.	_____	_____	\$ _____	\$ _____
8.	_____	_____	\$ _____	\$ _____
9.	_____	_____	\$ _____	\$ _____
10.	_____	_____	\$ _____	\$ _____
11.	_____	_____	\$ _____	\$ _____
12.	_____	_____	\$ _____	\$ _____
13.	_____	_____	\$ _____	\$ _____
14.	_____	_____	\$ _____	\$ _____

Total Order Amount \$ _____

Benefit Allowance \$ _____

Total Remaining Amount Due \$ _____

If your total order amount exceeds your current available benefit allowance, please include a check with the order form or fill out your credit card information below to pay the remaining amount due. NOTE: Failure to submit payment in full may cause a delay in receiving your order and/or cancellation of some items. If your total order amount is less than your current available benefit allowance, you DO NOT need to include additional payment information.

Step 3 only applies if you exceed your benefit allowance.

STEP 3 – Fill Out Payment Information (If applicable)

To pay by check, please make your check payable to **NationsOTC** and include it with your order form.

To pay by credit or debit card, please fill out the following information:

Credit/Debit Card #	Expiration Date (MM/YY)	Security Code (CVV)
_____	_____	_____
Cardholder First Name	Cardholder Last Name	
_____	_____	

Cardholder Signature

STEP 4 – Mail Completed Form

Send the completed order form along with the payment (if applicable) to:

NationsOTC
8050 SW 10th Street, Suite 4200
Plantation, FL 33324-9802

If you have any questions or need assistance placing your order, please call NationsOTC at 1-877-438-7521 TTY:711. Member Experience Advisors are available Monday-Friday, between 8 a.m. and 8 p.m. EST. Language support services are available if needed.